

YIELD: 4

Instant Pot Broccoli & Cheddar Pasta

Broccoli and Cheddar Pasta Perfect side dish for any meal.

PREP TIME

1 minute

COOK TIME

4 minutes

TOTAL TIME

5 minutes



Ingredients

- 1 pound of pasta
- 4 cups water
- 16 oz cheddar cheese
- 1 cup frozen broccoli
- 1 cup milk Or half n half

Instructions

1. Place 4 cups water and pasta in your Instant pot.
2. Place 1 cup of frozen broccoli in a steamer on top of pasta.
3. Place your pot on manual HIGH Pressure for 4 minutes.
4. Do a quick release.
5. Place your pot on saute.
6. Add in milk and cheese.
7. Stir until cheese is melted.
8. Stir in chicken If desired. Serve and enjoy.

Nutrition Information:

Amount Per Serving: CALORIES: 964 SATURATED FAT: 28g CHOLESTEROL: 141mg SODIUM: 755mg
CARBOHYDRATES: 90g FIBER: 4g SUGAR: 4g PROTEIN: 45g

© Adventures of a Nurse

<https://www.adventuresofanurse.com/instant-pot-broccoli-cheddar-pasta/>

CUISINE: American / **CATEGORY:** Main Course